CREATE YOUR OWN HAPPINESS



The Art of Being Happy

presented by Lucinda Testo, licensed counselor, from Unlimited You, Inc.

Wednesday, January 24th 6:30 - 7:30 pm

Registration requested. Sign up online or call 860-258-7623.

Do you find yourself blaming others when things aren't going your way? Come learn strategies to bring more happiness into your life by getting clear on what happiness means to you, and owning your power to create more happiness in your life.



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