

2018 STEP INTO SUMMER FOUR-TOWN WALKING COMPETITION

APRIL 29, 2018 – JUNE 9, 2018

Are you a resident or employee of Berlin,
Newington, Rocky Hill, or Wethersfield? If so, the
Central Connecticut Health District invites you to
join us as we get healthier and have a little friendly
neighborhood competition! All ages welcome and
encouraged to participate. Registration begins
April 16, 2018 on www.walkingworks.com or on
their mobile app.

CCHD



Are you ready to get back outside and exercise??

The Walking
Competition
can help you
get moving
again and
exercise away
those winter
blues.

Your town needs you!!!

FOR MORE INFORMATION, PLEASE CONTACT:

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Central Connecticut Health District