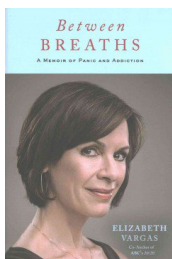


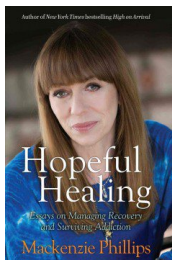
Recovery Success Stories



Between Breaths: A Memoir of Panic and Addiction

by Elizabeth Vargas

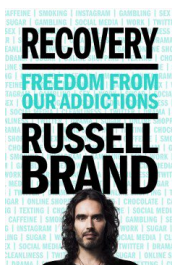
20/20 anchor presents this candid memoir of anxiety, addiction and recovery in which she addresses her time in rehab, her first year of sobriety and the guilt she felt as a working mother who had never found the right balance.
Call No. B Vargas



Hopeful Healing: Essays on Managing Recovery and Surviving Addiction

by Mackenzie Phillips

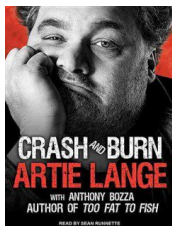
The actress traces the dysfunctional upbringing that contributed to her near-fatal drug addiction, sharing candid advice about proven recovery methods and customizable, holistic approaches for physical, psychological and spiritual well-being.
Call No. 616.8603 Phi



Recovery: Freedom from Our Addictions

by Russell Brand

The British comedian and radio host shares the story of his personal struggles with addictions ranging from drugs and alcohol to food and fame, offering compassionate advice about the programs that most helped him.
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Crash and Burn

by Artie Lange

The comedian and radio personality discusses his drug addiction, battle with depression, and ultimate recovery.
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10482 South Street, Garrettsville, OH 44231
330-527-4378

Pierce Streetsboro Library
8990 Kirby Lane, Streetsboro, OH 44241
330-626-4458

Randolph Library
1639 S.R. 44, Randolph, OH 44265
330-325-7003

Windham Library
Renaissance Family Center
9005 Wilverne Drive, Windham, OH 44288
330-326-3145

Outreach Services
(Includes Home Delivery, Library Express
& Library Box at NEOMED)
10482 South Street, Garrettsville, OH 44231
1-800-500-5179 ext. 220

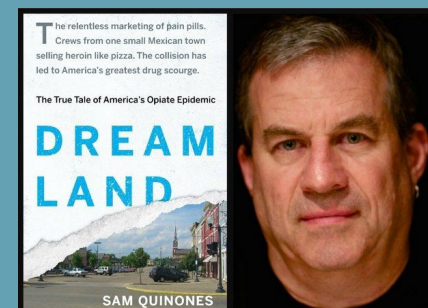
The Library Box at NEOMED
4209 State Route 44, Rootstown, OH 44272
1-800-500-5179 ext. 220



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Reading Map

Author Sam Quinones &
*Dreamland: The True Tale of
America's Opiate Epidemic*



What's a Reading Map?

Reading maps are suggested reading brochures which open up the world of a book for its reader. A reading map diagrams the internal life of the book, allowing readers to inhabit the text and its outward connections.

Reading maps enable readers to follow threads of interest stemming from any particular part of the work, encouraging them to read further about these parts.

About the Author

Sam Quinones is a journalist, former LA Times reporter, author and storyteller for over 30 years. Quinones lived and worked as a freelance writer in Mexico from 1994 to 2004- spent time with gang members and governors, wrote about soap operas, and lived briefly in a drug-rehabilitation clinic. His narrative nonfiction about Mexico and Mexican immigration have made him, according to the San Francisco Chronicle Book Review, "the most original writer on Mexico and the border."

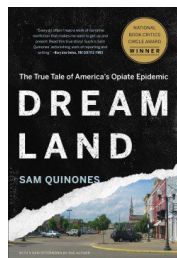
Having received awards for his excellence in reporting about Latin America, Quinones returned to the United States to take a job with the LA Times, where, for 10 years, he wrote stories about immigrants, street gangs, drug trafficking, and marijuana growers in Northern California.

Dreamland: The True Tale of America's Opiate Epidemic was first published in 2015.

Visit www.samquinones.com to learn more.

Twitter: @samquinones7

About the Book

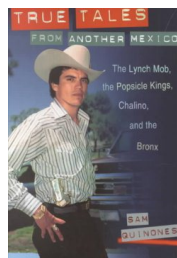


Dreamland: The True Tale of America's Opiate Epidemic

by Sam Quinones

An explosive true account of addiction, marketing and the making of an epidemic as massive influx of black tar heroin took the county by storm through an almost unbreakable marketing and distribution system.
Call No. 363.450973 Qui

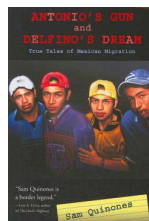
Other Books by Author



True Tales from Another Mexico

by Sam Quinones

Stories of life in modern Mexico reveals the spirit, drama, and humor of surviving daily life in and around Mexico's system of political, economic, and social organizations.

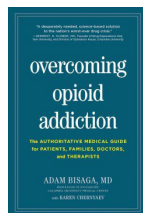


Antonio's Gun and Delfino's Dream: True Tales of Mexican Migration

by Sam Quinones

A series of tales take readers from Tijuana to an L.A. suburb following Delfino Juarez, a young construction worker.

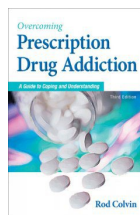
More Information on Addiction



Overcoming Opioid Addiction

by Adam Bisaga

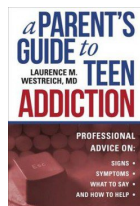
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Overcoming Prescription Drug Addiction: A Guide to Coping and Understanding

by Rod Colvin

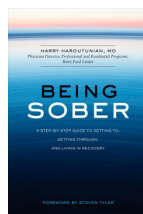
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A Parent's Guide to Teen Addiction: Professional Advice on Signs, Symptoms, What to Say, and How to Help

by Laurence Michael Westreich

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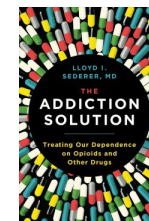


Being Sober : A Step-by-Step Guide to Getting To, Getting Through, and Living in Recovery

by Harry Haroutunian

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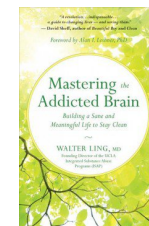
Call the Substance Abuse & Mental Health Services
Administration hotline for additional assistance:
1-800-662-4357 (HELP) Open 24/7 and 365 days a year



The Addiction Solution: Treating Our Dependence on Opioids and Other Drugs

by Lloyd Sederer

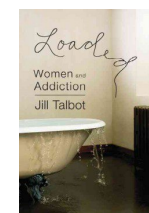
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Mastering the Addicted Brain: Building a Sane and Meaningful Life to Stay Clean

by M.D. Ling, Walter

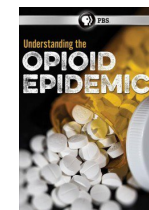
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Loaded: Women and Addiction

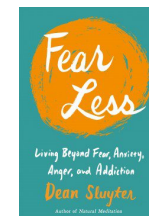
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Understanding the Opioid Epidemic

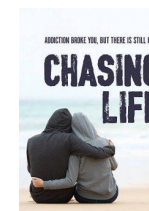
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Fear Less: Living Beyond Fear, Anger, and Addictions With Natural Meditation

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